

# Digital Pathology and AI in Histology

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### Contents

- Introduction
- Key components and requirements
- Benefits
- Barriers and challenges
- PIL's experience in DP and AI
- Next steps and conclusion

## Introduction

Histology – microscopic study of tissues and cells

• Traditional workflow remained unchanged for decades Embedding Tissue fixation Grossing Tissue processing Fishing Sectioning Coverslipping Staining Microscopy Slide sorting

## Histology – then and now

• Pathologists using glass slides and microscope to examine tissue

### Limitations:

- manual handling and transportation of slides- high risk of lost, damaged or misplaced slides
- difficult access to expert pathologists for labs at different locations or geographically remote and resource-restricted areas,
- inefficiency of physical slide storage and retrieval system will take time

# What is Digital Pathology?

Definition: High resolution digitization of histology slides

Transforms traditional microscopy into digital workflows

• Enable faster diagnosis, improve workflows, allow AI integration and promote collaboration





### **Traditional Microscopy**

- Requires microscope to view
- One slide at a time
- Limited to manual analysis
- Challenges with archival and retrieval
- Remote viewing not possible
- Standalone, not integrated with LIS
- Looking at a piece of puzzle at one time





### **Digital Pathology**

- Viewing via computer monitor
- Multi-slide integrated viewing
- Options to analyse with software algorithms
- Instant archival and retrieval
- View images anywhere, anytime
- Possible to be integrated with the LIS (to access full patient data)
- Supports consolidated viewing

# Key components of Digital Pathology:

### Hardware

- Whole Slide Image (WSI) scanner for image acquisition
- Workstation for viewing and management of digital images [high computing power]

#### Software

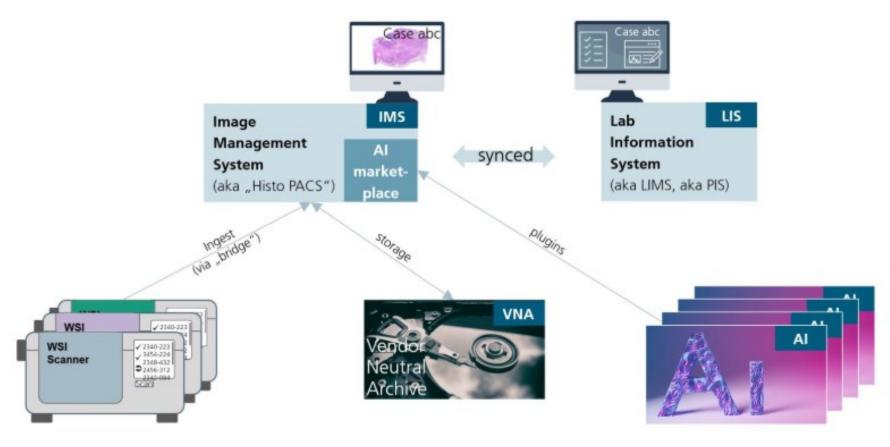
- Image Viewer
- Image Management System
- Decision support tool (Al algorithm)

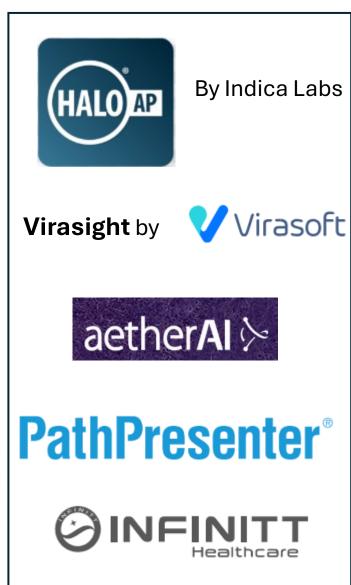
### IT infrastructure

- Network connectivity high speed internet for live view and transmission of images
- Robust storage and server solution [digital image file size: 0.5 GB 2 GB, dependent on tissue size]
- Integration with Laboratory Information System [LIS]

# Image Management System

A simple overview of a Digital Pathology IT ecosystem could look like this:





# Benefits of Digital Pathology

- Easier and faster delivery of cases
- Allow pathologists to review digital images remotely and refer cases to other colleagues
  - Sick or vacation leave
  - For second opinion consultation from experts
- Prepare the lab to adopt more AI-based diagnostic assessment tools in the near future.
  - Enable pathologists to use image analysis and machine learning tools to assist in diagnosis, providing more accurate and consistent results
- Workflow standardisation
  - improve workflow, eliminating simple error and increase reproducibility compared to conventional method.
- Enable collaboration MDT meeting & research projects

# Barriers and challenges to adoption of DP

- High investment in initial setup and deployment
- Workflow modification required in Histology lab to produce digital ready slides:
  - Good preparation of slides is critical for successful image acquisition and interpretation.
- Technical challenges
  - Hardware and software related, integration with LIS
- Validation of system before use in clinical setting
- End-user readiness and willingness to adapt
- Support from all related parties IT, management, finance
- Data privacy and security concerns

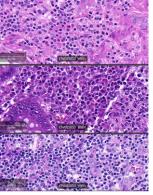
















### Figure 1: Best Practices & Impact of Digital-Ready Slides

**Digital Pathology Workflow Stage** 

**Digital-Ready Slides Best Practices** 

**Digital-Ready Slides** Impact

· Cluster samples

· Align samples

Optimizes scan time

Minimizes file size

Supports optimal focus

Microtomy

**Embedding** 

· Minimize tears, folds, contamination and chatter in slides

· Keep section thickness to 3-4 microns in a single focal plane

Supports optimal focus

Reduces under- or over-calling

**Tissue Placement** 

Slide Labeling

Staining

· Place tissue centrally on the slide

· Avoid "no scan zone" on the edges of the slide

· Know direction of scanning

· Rule of thumb: >100 slides daily needs barcoding

· Specialized image management & viewing

Integrate with laboratory data system (LIS/LIMS)

· Automate association of slide data and WSIs

· Enable slide aggregation into slide sets

· Standardize staining protocols to remove variables & support digital pathology features like multi-slide review

· Set a protocol for post-stain washes to keep slides free of debris & artifacts

· Strongly consider automated coverslipping

Optimizes scan time

Minimizes file size

Supports optimal focus

Proper labeling avoids issues like over-sized slides and jamming

Leverages LIS/LIMS benefits

Alleviates manual steps & frees staff Minimize data error risk associated with manual workflow

Optimizes scan time & minimizes file size

Provides consistency for Al and image analysis Supports optimal focus & contributes to confidence in manual onscreen review

Eliminates bubbles on the slide

Mitigates excess mounting media

Supports clean, dry slides

Coverslipping

credit: Lecia Biosystems



# Implementation of Digital Immunohistochemistry (IHC) service in Histology lab

### **Premier Integrated Labs - Footprints**



1997 Established

• 28 hospital based
• 08 stand-alone

Accreditation

ISO 15189, CAP, (MSQH and JCI)

Clientele

- · IHH owned hospitals
- · Non IHH hospitals & GP Clinics
- · Public agencies & institutions
- · Corporate clients & walk-in

Served over 4,000 physicians

- IHH owned hospitals
- Non IHH hospitals & GP Clinics
- Public agencies & institutions
- Corporate clients & walk-in

More than 30 million

Tests performed by PIL per annually on average

900+

#### Employee:

- 11 resident pathologists
- 300 MLS & MLT

# Background

• PIL has 36 labs in Malaysia [9 with Histology facilities].

No	Histopathology Lab
1	Pantai Hospital Kuala Lumpur
2	Gleneagles Kuala Lumpur
3	Prince Court Medical Centre
4	Pantai Hospital Ipoh
5	Gleneagles Penang
6	Pantai Hospital Ayer Keroh
7	Gleneagles Medini Johor
8	Gleneagles Kota Kinabalu
9	Timberland Medical Centre

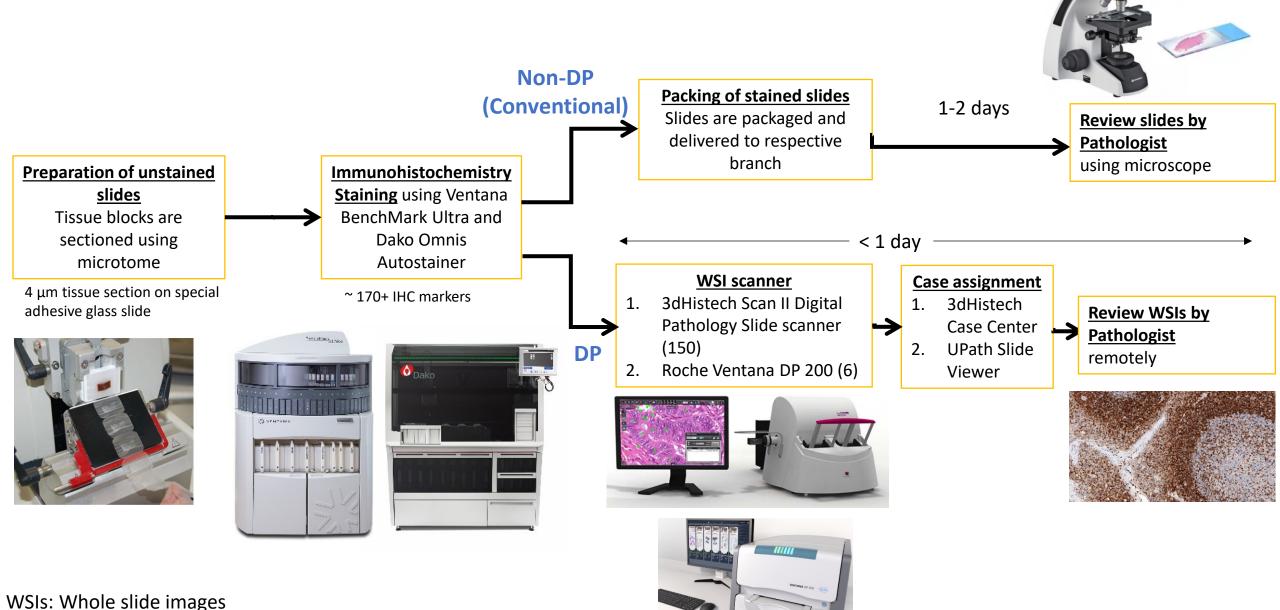
• There are **11** resident pathologists and **20**+ visiting pathologists, covering all specialties in Histopathology, Cytopathology, Haematology, Chemical Pathology, Cytogenetics, Molecular diagnostics and Medical Microbiology.

# Immunohistochemistry (IHC) stain

PIL PHKL Histology Lab (HQ) is processing in the region of 45,000 IHC slides per annum [~150 IHC slides/day].

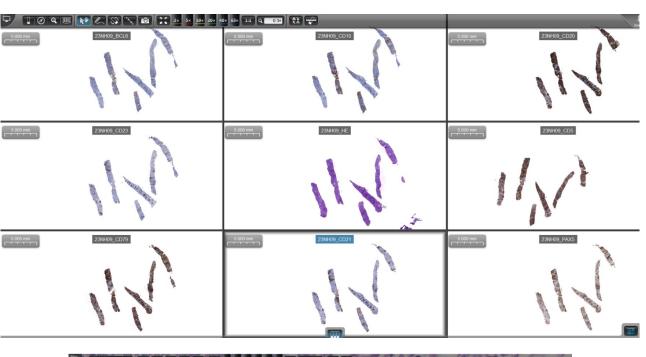
- Using 4 fully automated stainers: 2 Benchmark Ultra & 2 Dako Omnis
  - Running 170+ IHC markers
- Currently, only 'urgent' IHC slides are being scanned for digital slide viewing
  - PIL is in the process of implementing full digitisation of all IHC slides for outstation (non-Klang Valley) branches.
- 2 scanning devices currently available at PHKL, Bangsar:
  - 3dHistech Scan II [150 slides in 6 racks of 25 slides]
  - Roche DP200 [1 rack of 6 slides]

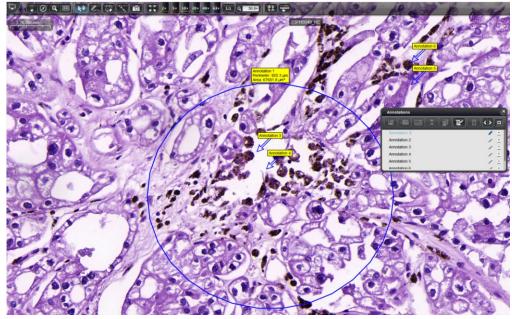
# WORK-FLOW COMPARISON FOR IHC: DP vs Non-DP [conventional]



# Advantages of digitising IHC stained slides

- Able to assess and analyse multislide digitally
- Able to annotate significant ROI to the cellular level and perform measurement, take snapshots
- IHC assessment now is becoming increasingly complex & time consuming
  - Al tool to interpret IHC would be useful to support pathologists





\*ROI – Region of interest

# PIL's involvement in projects related to Al tools for histopathology

- 1. Ki-67 scoring and Al-powered mitosis detection in the histopathologic evaluation of breast cancer cases.
- 2. IHC HER2 Al solution
- 3. Development of AI tool for histologic grading

# DP transformation journey in PIL – where are we?

- Early implementation stage (PHKL)
  - Introduced automation at possible steps in the workflow
- Not using DP for primary diagnosis yet
- Progressive implementation -adopting stepwise approach to address challenges as they arise
  - Histo: starting with IHC and SS
  - Cyto: starting with LBC
  - Continuous validation with additional application as per CAP guidelines

## Next steps

- To implement DP in East Malaysia (Kuching), northern region (Penang), southern region (JB) for following services:
  - LBC pap screening
    - To accommodate prospective volume growth without increasing manpower
    - PHKL Bangsar Cytology team can cover for other branches that are experiencing manpower issues
  - Frozen section consultation\*
  - Telepathology consultation\*
    - \*1. Allow pathologists to work remotely, may result in laboratory and office space savings
    - 2. Assist to manage pathologists' coverage and workload redistribution due to sick leave or vacation leave
- Harmonization / Integration with Laboratory Information System (LIS)

# Continuous monitoring to ensure sustainability

### 1. Track performance

- Monitoring TAT and diagnostic accuracy
- User satisfaction
- Identify workflow bottlenecks, troubleshooting common issues

### 2. Maintain and upgrade

- Regular scanner and software maintenance
- Budget for upgrades and storage expansion [system selected must be scalable]

### Conclusion

Adoption of Digital Pathology and AI requires:

- Thorough planning from the beginning
- Careful selection of key components
- Commitment from all parties involved
- Continuous training, monitoring and optimization



Thank you